

Ways to get involved:

- Attend our Cultural Nights in November and December
- Help with tending for a Cause on December 1st
- Help make lefse Nov. 18-19
- Bring an item to the Bake Sale on Nov. 20
- Join the Book Club
- Try the Norwegian Language Class
- Mark the January 23rd Barneløpet on your calendar and come help out.



Sons of Norway Trollheim Lodge 1-9-511

The Troll

Saint Cloud, Minnesota
Nov.-Dec.. 2021 Volume 41 Issue 2



Notre Foundation (Our Foundation)

The Sons of Norway Foundation provides financial support to activities that preserve and promote Norwegian heritage. These activities include:

- College scholarships
- Program grants for Sons of Norway lodges
- Aid to Sons of Norway members affected by natural disasters

Our lodge and members support the Foundation through :

- Donations from our Cultural Night Drawing
- Memorial donations made in honor of deceased Trollheim Lodge members.
- Personal donations.

Contact our Lodge Foundation Director Talleiv Vollen, 320-252-6230, or 320-267-7950 (cell) for more information.

**Sons of Norway
Trollheim Lodge 1-511
P.O. Box 632
St. Cloud, MN 56302**

The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Ledere trengte (Leaders needed)

We are pleased to announce that several members have stepped up and accepted nominations to help lead our lodge. However, we have two very important positions that need filling:

- Vice President: assist president, oversee membership activities, attend board meetings
- Secretary: attend board meetings and record board meeting minutes

Both positions require basic skills and only a limited amount of time. The Board of Directors plans 7 cultural gatherings, one youth ski event and one lefse making event/bake sale annually. We are very stable financially. As you can imagine in this day and age it is difficult to reach members on the phone. Please consider if you have the skills for one of these positions. Here are the current nominations:

President: Vicki Clausen

Vice President: open

Secretary: open

Counsellor: Debbie Backus

Treasurer: Sandy Hegwer

Financial Secretary: Debbie Backus

Board members at large: Diane Tuorila, JoAnn Baumgartner

Appointed positions:

Cultural//Social Director: Nancy Watkins, Jill Roberg-Abahsain

Sports Directors: Nicolas Snavelly

Greeters: Marlys Johnson, Diane Williams

Marshals: Jim Johnson, 1 position open

Librarian: Carolyn Reta

Publicity/Newsletter: Cathy Pederson

Newsletter support: Diane Williams

Website: Frank Haynes

Volunteer coordinator: open

Elections will be held on Monday December 20 during our annual Julefest (Christmas party). Contact President Frank Haynes to discuss any position you might be interested in, Haynes@albanytel.com or 320-

Lefse makers necessaire (Lefse Makers Needed)

your grill and lefse stick if you have them, and lots of energy. All are me as we make lefse for our biggest fundraiser of the year. This is also t way to learn how to make lefse. **Beginners welcome!**

day Nov. 18: lefse dough making, 8 a.m. – noon, Atonment Church, 29th Ave N St. Cloud

Nov. 19: lefse grilling, 8 a.m – noon, Atonment Church

lay Nov. 20: Bale sale. 8 a.m. – 11 a.m. Salem Lutheran Church, 90 side Dr. SE, Saint Cloud

Please bring baked goods donations to Salem Church Friday Nov. 19 at 7 p.m. or Saturday morning Nov. 20 prior to the sale.





Thanks to Shane Gordon & Minnesota Computer Systems for printing our newsletter. Contact Shane at shaneg@mncopy.com or 320-266-2402 for your copier needs.

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The Scandinavian Gift Shop in Alexandria has moved and is now next to the Traveler's Inn restaurant. When you need a unique gift give them a visit.

The Troll newsletter accepts sponsors from businesses and members. Sponsors are \$15.00 for individuals \$25 for business card ad. Contact Karen Vollen at 320-252-6230 if you would like to contribute. Thanks to our 2021 advertisers above and sponsor members: Al & Dana Amdahl, Bob & Sandy Burtness, Victoria Clausen, Carol & Dick Langdok, Arlie Norbie, Monica & Larry Oseid, Rosemary & Frank Roehl, Carolyn Reta, Eric Vollen, Jon Vollen, Karen & Talleiv Vollen.

Informert og tilkoblet (Informed and connected)

Trollheim Lodge members can stay connected through our newsletter, our website at www.stcloudtrollheim.org and regular email blasts. This newsletter is also posted on our website for reference. If you are not currently receiving our email blasts, first check your SPAM folder. If you do not see it there, send a message with your email address to President Frank Haynes at Haynes@albanytel.com to be added to the email list.

Velkommen medlemmer (Welcome new members)

We welcome our new members and look forward to meeting you at our events and getting to know you:
 Jacob Holck: Paynesville, MN
 Guests are always welcome at our events. Do you know someone who would enjoy our lodge? Invite them to an upcoming event!

2021 Trollheim Board

Board Officers

President - Frank Haynes
 Vice President - Maggie Jennings
 Counselor - Debbie Backus
 Secretary - Nancy Watkins
 Treasurer - Sandy Hegwer
 Financial Secretary - Debbie Backus

Program Directors

Cultural/Social Director - Nancy Watkins
 Sports: Nicholas Snavelly

Board Support Officers

Greeters - Avis Skaalerud
 Marlys Johnson
 Marshals - Jim Johnson
 Vicky Clausen
 Librarian - Carolyn Reta
 Historian - Sharon Thyse
 Musician - Vicki Clausen
 Web Page - Frank Haynes
Publicity - Open Position
 Sponsorship - Karen Vollen
 Newsletter support - Diane Williams
Newsletter Editor - Open Position

Committees/Special Activities

Lodge Trustees:

Dennis Backus
 Bob Burtness
 Dick Thyse

Budget Committee:

Frank Haynes
 Sandy Hegwer
 Nicolas Snavelly
 Larry Oseid

Financial Benefits: Don Waage

Scholarship Committee:

Mary Johnson

S/N Foundation Director:

Talleiv Vollen

Sports Director: Nicholas Snavelly

Youth Director: 2021 Open Position

Board Meetings:

First Monday of most months:

- Sunday Nov. 7, 7 p.m. Zoom
- Monday Dec. 6, 7 p.m. Zoom

**Next Cultural Night is
 6:30 p.m. March 21 2022 at the
 Great River Regional Library.**

Novembre kulturprogram: Mindekirken

Pastor Gunnar Peterson from the Mindekirken of Minneapolis will be our guest. Pastor Peterson will give an overview of the Mindekirken and its programming.

Mindekirken, is the only American church using Norwegian as a primary liturgical language. It serves as a cultural home for Norwegian language and culture classes.

The congregation of Mindekirken was formed in 1922 by the Norwegian Lutheran Church of America in response to the rapid abandonment of Norwegian in favor of English among Norwegian Lutheran churches at that time. The church has been visited by members of the Norwegian Royal Family on several occasions, including King Olav V of Norway's visit on November 4, 1975. King Olav's son, King Harald is a Royal Patron of the church.



Bénévoles recherchés (Tending for a Cause Volunteers needed)

Beaver Island Brewery of St. Cloud has chosen Trollheim Lodge as the charity to benefit from their Tending for a Cause fundraiser on Wednesday Dec. 1. Set-up begins at 4:00 and the event runs through 7:00 p.m. **We need volunteers to set up an information booth, decorate and help serve beer.** Wear Norwegian or lodge clothing. Invite your friends as we will receive \$1 for each pint and \$3 per growler sold plus all tips. If you can help call Frank Haynes at 320-774-9200 or just show up on Wednesday Dec. 1 around 4:00 p.m.



Julefest est le 20 décembre (Christmas party Dec. 20)

Please join us for our annual Julefest potluck on Monday Dec. 20 in the Mississippi Room at the Great River Library. The meal will be at 6:00 followed by Christmas program at 7:00 including musical selections in Norwegian and other languages by Trollheim Lodge member Maggie Jennings. Guests interested in learning more about our lodge are welcome. Bring a dish to share and enjoy an evening of Norwegian Christmas traditions and fun

Programme de ski Berneløpet (Children's ski program)

Our annual Barneløpet will be held on Sunday, January 23 at Riverside Park SE, St. Cloud. Children ages 3 to 13 are welcome and events are organized based on age and ability levels. All participants receive an Olympic style medal. Practice is available any time after 11:00 a.m with the races starting at 1:00 p.m. The event is sponsored by Trollheim and Vennekretsen (Anoka), lodges and the Nordic Ski Club of Central MN.

Volunteers needed: We need dozens of cookies. A sign-up sheet will be available at the December Christmas Party for bringing cookies or just drop them off the morning of the program. We need volunteers for helping with food demonstrations, serving lunch and cleaning up. Contact Tolly Vollen 320-252-6230, tkvollen65@charter.net or Nicholas Snavelly 763-232-4921, stcloudmysl.org

Nordisk bokklubb (Nordic Book Club)

Interested in reading Norwegian authors? Our book club meets the last Monday of the month at 5.30 pm at Cashwise on Highway 23 in the grill area. Contact Maggie Jennings at 763.301.3263, or maggieswork9@gmail.com for details

VELKOMMEN TIL NORSKKURSET! (Welcome to our Norwegian Class)

If you have wanted to learn norsk - Norwegian, this is your chance. We are meeting 2 hours a week on Zoom and soon in person at the Great River Regional Library. The class uses the Complete Norwegian by Margaretha Danbolt Simons, 2014 edition and supplemental materials. Contact Maggie Jennings at 763.301.3263, or maggieswork9@gmail.com, if interested.