

Hva er inni (What's inside)

- April 19 Cultural Night (online)
- May 17 Synette Mai Celebration (in person)
- Norsk Language Café, Book Club and Language Classes
- June 11-13: bratwurst booth fundraiser



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

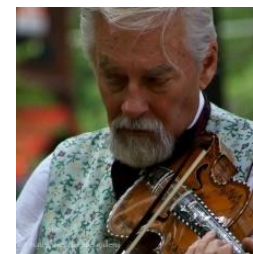
Sons of Norway
Trollheim Lodge 1-511
P.O. Box 632
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Sons of Norway Trollheim Lodge 1-9-511
SONS of NORWAY
Celebrating 125 Years
1895-2020
The Troll
Saint Cloud, Minnesota
April-May 2021 Volume 41 Issue 1



April kulturprogram (April Culture Program)



Our Monday April 19 Cultural Night, 7 p.m. via Zoom, will feature Robert “Bud” “Larsen, Brainerd presenting “Hardanger Fiddle’s Journey”. Larsen has been playing and building Hardanger fiddles since his youth. The program includes fiddle history and popularity, resurgence and Bud’s experience as amaster builder of Hardanger Fiddles. Tune in via Zoom. You will find the link and instructions at www.stcloudtrollheim.org.

Mai bringer Synette Mai-feiring! (May brings Synette Mai Celebration!)



We are planning a special Synette Mai Celebration and we hope you can all be a part of it. Riverside Park , 1800 Kilian Blvd SE, St. Cloud. This will be an outside event with access to the indoor shelter also. Activities include:
Family parade: meet at 5:45 outside the shelter to get your free Norwegian flag. At 6:00 we will have a easy walking parade for all ages and return to the shelter for ice cream around 6:30. This is a very traditional activity for May 17 in Norway.

Synette Mai picnic and program: Around 7 p.m. we will host a free Norwegian picnic meal for all members and guests. Nothing to bring just come! Following the picnic our program will feature a Norwegian concert featuring Bud Larsen playing variety of Scandinavian songs on Hardanger fiddle and mandolin. Should the weather be uncomfortable the warming house is large enough to allow for social distancing during the program. Current CDC guidelines will be used to insure a safe healthy event, please bring a mask if mask guidelines are still in place. We are planning for enough food for 50 people, so please consider joining us.

Hjelp oss med å selge bratwurst! (Help us sell bratwurst!)

Our lodge is in need of members to step up and take a shift or two selling bratwurst on June 11-13 at Cashwise Waite Park. Shifts are flexible and it’s an enjoyable way to meet other lodge members. Call Monica Oseid at 320-252-6199 to sign up.

Nyhetsbrevkoordinator nødvendig (Newsletter Coordinator Needed)

Our lodge is in need of someone to coordinate our bi-monthly newsletter (6 issues a year). Basic computer skills are needed. Content is provided along with a newsletter template to insert the stories. Training and ongoing assistance available. Estimated time is about 2 hours every other month.

Velkommen nye medlemmer (Welcome new members)

We welcome our new members and invite you to attend our events and get to know your Norwegian friends.
Michelle Frederichs: Avon
Gary Sneide: St. Cloud



Thank you to Shane Gordon & Minnesota Computer Systems for printing our newsletter. Contact Shane at shaneg@mncopy.com or 320-266-2402 for all your copier

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2021 Trollheim Board

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President - Frank Haynes
 Vice President - Maggie Jennings
 Counselor - Debbie Backus
 Secretary - Nancy Watkins
 Treasurer - Sandy Hegwer
 Financial Secretary - Debbie Backus

Program Directors

Cultural/Social Director - Nancy Watkins
 Sports: Nicholas Snavely

Board Support Officers

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 Vicki Clausen
 Librarian - Carolyn Reta
 Historian - Sharon Thyse
 Musician - Vicky Clausen
 Web Page - Frank Haynes
Publicity - Open Position
 Sponsorship - Karen Vollen
 Mailers - Diane Williams
Editor - Open Position

Committees/Special Activities

Lodge Trustees:
 Dennis Backus
 Bob Burtness
 Dick Thyse
Budget Committee:
 Frank Haynes
 Sandy Hegwer
 Nicolas Snavely
 Larry Oseid
Financial Benefits: Don Waage
Scholarship Committee:
 Mary Johnson
S/N Foundation Director:
 Talleiv Vollen
Sports Director: Nicholas Snavely
Youth Director: 2021 Open Position

Board Meetings:

First Monday of most months:
 • Monday April 5 7 p.m. Zoom
 • Monday May 3, 7 p.m. Zoom

Nordisk bokklubb (Nordic Book Club)

For the month of April we will discuss *A Man Called Ove* by Fredrik Backman – a Swedish writer. It is a surprisingly delightful exploration and development of a gruff old man. Since we are all vaccinated, we will be meeting in person. If you would like to join us, contact Maggie Jennings, 763.301.3263, maggieswork9@gmail.com

VELKOMMEN TIL NORSKKURSET! (Welcome to our Norwegian Class)

If you have wanted to learn norsk – Norwegian, this is your chance. We are meeting 2 hours a week – on Zoom since the last fall. Once everyone is vaccinated and the St. Cloud Library is open to groups again we will evaluate whether we want to meet in person again.

Complete Norwegian by Margaretha Danbolt Simons, 2014 edition, is the text we are using. I also provide extensive supplemental materials and instruction. Contact me (Maggie Jennings) at 763.301.3263, or maggieswork9@gmail.com. if interested.

Et snev av Norge (A touch of Norway)



Our lodge has a limited number of Norwegian/American lapel pins we are selling for \$5 as a fundraiser. Get yours by contacting Dennis Backus at 320-252-0496. They will also be for sale at all of our upcoming lodge events.

Gi Zoom en sjanse (Give Zoom a Chance!)

Who knew that the word Zoom would become an everyday proper noun in our vocabulary? We know that some members are still a bit tentative about “Zooming”. However, Zoom is designed to be simple. If you have a Smart Phone, tablet or computer you can Zoom!

We want to encourage you to give Zoom a chance and join us on Monday April 19 at 7:00 p.m. for the April Cultural Program. Complete instructions are listed on our website at www.stcloudtrollheim.org. Just click on the link located there and follow the instructions and you will be able to join the program.

Norsk-amerikanske tidsskrifter (Norwegian-American Journals available)

As part of our NAHA membership, we have access to the *Norwegian-American Studies* journal on JSTOR for one year. To access the publications:

Visit <https://www.jstor.org/publisher/umnpress> Scroll down and click the link for *Norwegian-American Studies*. Click on “Log In” in the upper right corner of the journal page and enter the username and password (case sensitive):

Username: norwamerstud

Password: uixtKMnIwG

You should now see the provider designation statement, “Access provided by University of Minnesota Press - Norwegian-American Studies” at the top of JSTOR.

Veldedighetsorganisasjoner (Charities of Choice)

In the last quarter of 2020 it was announced that the Lodge was going to choose three charities to make year-end donations to based on suggestions from lodge members. In January the Board of Directors chose to make \$300 donations to Pathways4Youth, an organization that provides services to homeless youth, Homeless Helping Homeless, an organization provides daytime services to people without permanent housing and Catholic Charities Food Shelf. We received thank you notes from each organization. The Board has included \$600 in the 2021 budget to make similar donations in 2021.

Newsletter Sponsors: We are thankful for the members who sponsor the costs associated with our newsletter. Individual sponsors are \$15, business card sized ads are \$25. To become a newsletter sponsor send payment to Karen Vollen: 1403 33rd Ave. N., Unit 29, St. Cloud, MN 56303. The following individuals have made contributions for the cost of our newsletter.

Al & Dana Amdahl	Victoria Clausen	Carol & Dick Langdok
Arlie Norbie	Monica & Larry Oseid	Rosemary & Frank Roehl
Carolyn Reta	Eric Vollen	Jon Vollen
Karen & Talleiv Vollen		

Informert og tilkoblet (Informed and connected)

Trollheim Lodge members can stay connected through our newsletter, our website at www.stcloudtrollheim.org and regular email blasts. This newsletter is also posted on our website for reference. If you are not currently receiving our email blasts, first check your SPAM folder. If you do not see it there, send a message with your email address to President Frank Haynes at Haynes@albanytel.com to be added to the email list.