



Sons of Norway Trollheim Lodge 1-9-511

The Troll

St. Cloud, Minnesota

July – August 2018 Edition

Volume 40 Issue 4



District 1 Convention notes from Frank Haynes

Delegates to the Sons of Norway District 1 Convention held in Rochester on June 15th & 16th, were Karen Vollen, Dayton Herbranson and Frank Haynes. Also in attendance was Tolly Vollen who served as the District 1 Sports Director.

118 Delegates representing 46 attending Lodges were in attendance. The theme of the Convention was “Honor the Past – Build the future”.

The convention included a Nordic Market, a Folk Art Exhibit, a business session and a presentation on the Sons of Norway Foundation.



We're having a special guest at our July picnic, Summertime by George booth and Lake George walk. Bring a camera and have your picture taken with him.

Summertime Walk by Lake George in August

Join other Trollheim members and guests for a walk around beautiful Lake George on Monday, August 27th. We have rented the enclosed area in case of rain, so rain or shine...the walk/stroll will be held. We will gather at 6:30 pm, walk however long you choose and share some refreshments around 7:30.

Parking is available in the large parking lot across from Clark Field. The building is located on the southwest corner of the parking lot. There will be a sign on the door and a sign in sheet. We will have tracking cards available for those interested in earning a walking medal through the Sons of Norway Sports Medal Program. Call our Sports Director Nicholas Snavelly at 763-232-4921 with any questions.

2018 International Sons of Norway Convention

Plans are underway for the 2018 International Convention at the Hyatt Regency Hotel In Bloomington MN August 16th – 18th.

A wide variety of activities and events will be held during the convention. For more information you can visit the Sons of Norway website. If you are interested in attending, contact Frank Haynes.

Anyone can attend the 2018 International Convention, you can assist the convention and our Lodge by providing cookies (sugar, ginger, chocolate chip, or any Scandinavian cookie). If you can provide cookies, or a \$5 cash donation for the purchase of cookies, let Frank know. We need the cookies to Dayton Herbranson by August 15. Also, if you would like to be a volunteer at the International Convention, contact Helen Anderson at 952-448-5996, or e-mail her at helengoter@yahoo.com.



Sailing for Growth
2018 International Convention
Sons of Norway - Bloomington, MN



Trollheim Bake Sale

Due to popular demand, we will be holding our annual lefse and baked goods sale this fall. This will include making our own lefse and other home made baked goods to sell. Be watching for more information on how you can be involved in future newsletters.

First time lefse makers (member or non-member) are encouraged to come and participate.

2018 Trollheim Board

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Haynes@albanytel.com
320-845-7789

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Trollheim website:

www.stcloudtrollheim.org

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Vanlig kalender: Whitney Senior Center

Board Meetings are held the 1st Monday of each Month except during the summer (June/July & August)

July 1st – Canada Day

July 4th – U.S. Independence Day

July 4th – HM Queen Sonja's Birthday (1937)

July 16th – Trollheim Summer Picnic at Waite Park Community Park

July 27th – Summertime booth at Lake George

July 29th – St. Olav's Day

August 27th – Board Meeting at 7:30 at the Lake George Summertime Walk

August 29th – Summertime booth at Lake George

September 17th – Cultural Night – Whitney Center 7:00 p.m.

November 15th & 16th – Making Lefse at Atonement Lutheran Church

November 17th - Scandinavian Baked Goods Sale at Salem Lutheran Church



September Cultural Night – “Leprosy in Norway”

Nancy Watkins will be presenting the cultural program in September entitled “Leprosy in Norway”: a first in the development of a national health response. The Norwegian Dr. Hansen discovered the cause of leprosy and Norway was the first country to develop a national data base to track outbreaks.

The interesting question is why we never hear about leprosy in the U.S. from our immigrant population, as there is a period of latency from infection to manifestations of symptoms. In fact there were some leprosy cases in Spring Grove and Seattle. Join us September 17th at 7:00 p.m. at the Whitney Center.

Fall Charity Choice

If our funding allows, we are considering making a donation to a charity at the end of 2018. We'd like your input. If you have a charity you would like to be considered, e-mail the name and a few sentences about what you like about the charity and why you believe we should consider them for a donation, by August 10th.

Then in the September-October News Letter we will list all charities and have members vote for their three favorite. The three charities receiving the most votes will be listed in the November-December Newsletter for voting and the charity receiving the most votes will receive a donation from Trollheim Lodge in December 2018 (if funds allow).

Get involved, e-mail your charity nomination to nancywatkins0@gmail.com

Help Trollheim Lodge reach others in our community

What can you do to help others find out about our lodge? Here are some ideas.

1. Attend our summer events and fall cultural nights and get involved.
2. Call at least 2 friends and offer to bring them to a cultural night or other event.
3. Share our newsletter with those who might be interested in what we do. (you can print copies from our website Stcloudtrollheim.org)
4. Share a link to our website via email or on your Facebook page and invite friends to join us, Stcloudtrollheim.org.
5. Answer this question: “What am I willing to do to help my lodge thrive and grown?”
6. Reach out to everyone you know who might have an interest in learning more about Norway and Scandinavia and invite them to an event.

This years **Syttende Mai Celebration** was held on May 17th at Atonement Lutheran Church and our Syttende Mai Parade at Lake George on the 19th. We had a great turnout at both events, nearly 90 at our dinner and over 30 at our 1st annual parade.

Our banquet featured Sharon Thyse sharing "Ten Fun Facts about Syttende Mai", Eric Vollen singing Norwegian songs and leading us in singing both the official and unofficial Norwegian Anthems. Our parade hosted members and guests as we paraded around Lake George with Norwegian Flags and enjoyed ice cream afterwards. A good time was had by all.



Our Newsletter: *The Troll*

Each year we seek sponsors from our members to help offset the cost of mailing our newsletter. The cost for individuals is \$15.00 and for a business card sized ad \$25.00. A *Tusen Takk* to the following individual members who have contributed for 2018:

- | | | |
|------------------------|--------------------------|------------------------|
| Debbie & Dennis Backus | Bob & Sandy Burtness | Ruth & Bert Dibley |
| Joanne Funk | Barb & Dayton Herbranson | Jan & James Hooper |
| Patricia Jensen | Marlys & Jim Johnson | Mary & Darryl Johnson |
| Dorothy Lindquist | Arlie & Ken Norbie | Monica & Larry Oseid |
| Rosemary & Frank Roehl | Jon Vollen | Karen & Talleiv Vollen |
| Diane Williams | Marlene Williams | |

If you would like to contribute for 2018, checks or cash can be made out to Trollheim Lodge and either sent or given to: Karen Vollen: 1403 33rd Ave. N., Unit 29, St. Cloud, MN 56303 - Phone Number is 320-252-6230

Did you know these genealogy terms?

- attest = certificate
- barn = child or children
- begravet = buried
- bestefar = grandfather
- bestemor = grandmother
- bror = brother
- datter = daughter
- dode = died
- dopt = baptized
- dreng = boy / hired
- handekte = legitimate
- ektemann = husband
- enke = widow
- enkemann = widower
- far = father
- farfar = paternal grandfather
- farmor = paternal grandmother
- fatig = poor
- fodt = born
- fard = farm gardmann = farmer
- gift = married
- gudfar = godfather
- gudmor = godmother
- kirke = church
- kirkeboker = church registers
- kone = wife
- konfirmert = confirmed
- mor = mother
- morfar = maternal grandfather
- mormor = maternal grandmother
- ildefar - great grandfather
- oldemor = great grandmother
- pike = girl
- sonn = son
- soster = sister
- uekte = illegitimate

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Owner: Frank Haynes

Please note:

If you have a change of your postal address, permanent or seasonal, or if would prefer to change how you receive your Troll newsletter (by mail or contact: Dayton Herbranson at 320-493-9462 or e-mailing him at: herbranson@charter.net

the maintenance place. (320) 251-9292 FAX (320) 251-9272 1-800-845-9638

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Trollheim's Annual July Picnic

Our annual summer potluck gathering will be **Monday July 16th** at the **Waite Park Community Park**
Social at 5:00, Meal at 6:00

Please bring a dish to share and utensils. Guests are welcome. If it is hot, we will be in an air-conditioned room.



Summertime by George

Trollheim Lodge is planning to host a booth at a few of the Summertime By George concerts on Wednesdays in St. Cloud again this summer. An evening at Lake George is a very pleasant way to spend a summer evening. We won't be selling anything just telling others about our great lodge and our activities.

The booth will include the Trollheim Lefse Toss game for children and information on our lodge activities. Booth dates are June 27th, July 18th and August 29th, 5pm – 9pm.

If you are willing to help out for an hour or two, contact Frank at haynes@albanytel.com.



**Sons of Norway
Trollheim Lodge 1-511
P.O. Box 632
St. Cloud, MN 56302**

RETRUN SERVICE REQUESTED



Time Sensitive Material

The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.